

# Super Sling Plus Universal

NOTE: Instructions cover multiple product families, images may vary.

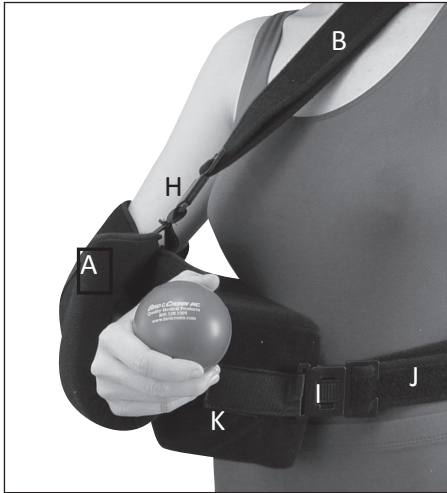


Figure 1

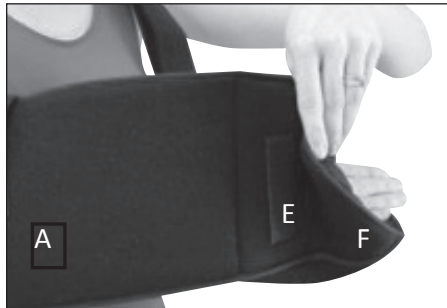


Figure 2



Figure 3



Figure 4

**NOT MADE WITH  
 natural rubber latex**

Please read the following instructions carefully and completely before use. Correct application is required to ensure proper function of the device.

**Intended for single patient use.**



**WARNING:** If your pain increases or persists or you experience any unusual reactions while using this product, consult your healthcare provider immediately.

## APPLICATION INSTRUCTIONS

### Size Arm Sling

1. Detach the elbow strap (C) and forearm strap (D) from the sling pouch (A) and set aside.
2. Pull the sling strap (B) out of the sling pouch (A).
3. Position a hook strip (E) on each side of the sling pouch (A) near the opening (Figure 1).
4. Slide affected arm into sling pouch (A) and position elbow snugly into the back corner.
5. Size sling pouch (A) by folding the extra length (F) outward (Figure 2).
6. Press and secure the folded material (F) to the hook strips on the sling pouch (A).
7. Attach Y-hook connector (G) at the end of the sling strap to the sling pouch (A) (Figure 3).
8. Reattach the elbow strap (C) and the strap (D) to the sling pouch (A) (Figure 3).

### Arm Sling Application Instructions

1. Release buckle (H) on shoulder strap (B)
2. Position affected arm next to waist.
3. Wrap shoulder strap (B) diagonally across your back and over your unaffected shoulder.
4. Attach shoulder strap (B) to sling pouch (A) by latching buckle (H).
5. Use the hook and loop closures located at both ends of shoulder strap (B) to adjust length.

### Abduction Pillow Application Instructions

1. Release buckle (I) on waist strap (J).
2. Place pillow (K) between affected arm and waist ensuring the buckle (I) is in the front.
3. Wrap strap (J) around waist like a belt and attach to pillow (K) by latching buckle (I) (Figure 4).
4. Use the hook and loop closures located at both ends of the waist strap (J) to adjust length.
5. Move pillow (K) forward or backward to achieve desired internal or external rotation.
6. Press and secure the sling pouch (A) to the hook strip located on the side to the pillow (J).
7. The strap (D) can be attached to the top of the pillow for added securement.

**NOTE:** The waist strap (J) can be trimmed. Detach the Y-hook connector from the non-buckle end of strap, cut strap to desired length, and reattach the connector.

### Exercise Ball



**WARNING:** Use exercise ball as directed by your healthcare provider.

**NOTE:** Please refer to sew-in label on device for care instructions.

Please visit our website at [www.birdcronin.com](http://www.birdcronin.com) for additional product and warranty information or contact a customer care representative at **800-328-1095**.

**NOTICE:** This device is only one element in the overall treatment program administered by a medical professional. While every effort has been made to obtain the maximum compatibility of function, strength, durability and comfort, there is no guarantee that injury will be prevented through the use of this product.